



INVESTING IN OUR COMMUNITY

HOW THE TITUSVILLE YMCA GAVE BACK TO THE COMMUNITY IN 2022

As a leading nonprofit partner throughout the country, Ys have the track record and on-the-ground presence to move communities forward, just as we do here in Titusville and its surrounding communities. As a 501(c)(3) charity, mandated under law, to lessen the burden of government on society, we work every day to address community needs and ensure that all are welcome and that no one is turned away for an inability to pay. The Titusville YMCA is proud to call Titusville home!

Y FACTS

There is no other nonprofit quite like the Y. That's because in 10,000 neighborhoods across the nation, we have the presence and partnerships to not just promise, but to deliver, lasting personal and social change.

People Served	<u>3,482</u>
Financial Assistance and Subsidies	<u>\$667,826 (54% of total expenses)</u>
Contributed Income from the Community	<u>\$198,990 (17% of total revenue)</u>
Government Funding That Helps Us Provide Needed Services (includes grants, contracts and vouchers)	<u>\$680,786</u>

OPPORTUNITIES FOR ALL IN THE TITUSVILLE COMMUNITY

Giving everyone the opportunity to learn, grow and thrive

Children & Teens (1 – 17)	The Titusville YMCA served <u>1473</u> kids and teens, providing a wide range of activities to nurture potential, including Pre-K, after school and summer enrichment programs, sports camps, outdoor club, weight training, recreational programs, family nights and community service projects.
Low-Income Families	The Titusville YMCA provided quality, affordable childcare and opened all of our programs to families regardless of their income level.
Seniors (65+)	<i>Silver Sneakers, BOOM Move, Gentle Stretch, Mat Yoga and Balance & Fall Prevention</i> programs ensured that older adults had every opportunity to connect with one another and engage in meaningful activities at the Titusville YMCA.
Everyone is Welcome	The Titusville YMCA provided activities open to everyone in our community including free wellness presentations, after school and summer enrichment programs, physical activity programs, food programs and more valued at <u>\$667,826</u> in benefit to the community in 2022.
Other Nonprofit Organizations	The Titusville YMCA provided <u>\$10,355</u> worth of space at little to no charge for outside clubs, nonprofits and community service organizations to help them meet broader community needs.

Titusville YMCA community impact continued on reverse →

VOLUNTEER ENGAGEMENT AND COLLABORATIONS

Mobilizing our community to effect lasting change

Volunteerism	The Titusville YMCA is locally driven by an ongoing assessment of community needs and controlled by a local board of community volunteers. Program volunteers give many hours contributing to the diversity and number of programs offered.
<i>Number of Volunteers</i>	<u>121</u>
<i>Total Volunteer Hours</i>	<u>2002</u>
<i>Total Value of Volunteer Time</i>	<u>\$63,663</u>
Collaborations	The Titusville YMCA recognizes the importance of working together to create lasting social and personal change. We have the community's trust to convene, partner and support community collaborations to include the Titusville Area School District, United Way of the Titusville Region, Crawford County Human Services, NovaCare Rehabilitation, Titusville Health Care and Rehabilitation Center, Community Blood Bank, Crawford Heritage Foundation, Titusville Area Hospital, Seniors for Safe Driving, Associated Charities, and LOVE, Inc.

INVESTING IN OUR KIDS, OUR HEALTH AND OUR NEIGHBORS

At the Y, strengthening community is our cause. Strong communities don't just happen, they are the result of steady leadership and stewardship of strong values. That's the Y. We make a difference by focusing on three key areas: youth development, healthy living and social responsibility. By investing in our kids, our health and our neighbors, the Titusville YMCA ensures that everyone, regardless of age, income or background, has the opportunity to thrive.

YOUTH DEVELOPMENT

Nurturing the potential of every child and teen

21st CCLC after school and summer enrichment programming, Pre-K Tiny Footsteps, Tiny Tumblers, Beginner Gymnastics, competitive swimming, youth swim lessons, preschool and youth sports-t-ball, basketball, soccer, golf, volleyball, tae kwon do, youth weight training, home school physical education, outdoor recreation, day camp and recreational after school gym time.

HEALTHY LIVING

Improving the nation's health and well-being

Recreational family gym time, group fitness-Body Sculpting, Cardio Ball, Step 'N Sculpt, High Intensity Weight and Cardio, Mind, Body, Kickbox, Fitness Fusion, Pilates, Walk Club, Cycle Express, Group Cycle, Cycle 'N Core, Boot Camp, Silver Sneakers Classic/Circuit, Silver Sneakers Boom Move, Balance and Fall Prevention, Zumba Toning, Tabata, Mat Yoga, Fitness Drumming, Adult-pickleball, basketball, soccer, Lose2Win weight management, teen and adult weight training, and member wellness programs.

SOCIAL RESPONSIBILITY

Giving back and providing support to our neighbors

Child and Adult Care Food Program, Summer Food Service Program, wellness presentations, blood pressure checks, health fair, community collaborations, family engagement nights, parenting workshops, community blood drives, food drives, Seniors for Safe Driving, Seats and Feets Drive, Personal Hygiene Drive, and Lights On After School.

The Titusville YMCA is committed to the policy that all persons shall have access to its programs, facilities and employment without discrimination based upon race, religion, color, creed, sex, national origin, age, physical or mental disability or financial hardship.