

July 2025

Open Gym Schedule

Schedule subject to change if outdoor programs need moved inside due to weather

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 5:00am-9:00am 12:00pm-5:30pm	2 5:00am-8:00am 10:30am-8:00pm	3 5:00am-9:00am 12:00pm-8:00pm	4 YMCA Closed 4th of July	5 7:00am-12:00pm
6	7 5:00am-8:00am 10:30am-11:00am 12:00pm-6:00pm 7:30pm-8:00pm	8 5:00am-9:00am 12:00pm-5:30pm	9 5:00am-8:00am 10:30am-11:00am 12:00pm-5:30pm 7:15pm-8:00pm	10 5:00am-9:00am 12:00pm-8:00pm	11 5:00am-8:00am 10:30am-7:00pm	12 7:00am-12:00pm
13	14 5:00am-8:00am 10:30am-11:00am 12:00pm-4:30pm *Gymnastics Camp	15 5:00am-9:00am 12:00pm-4:45pm (1/2 Gym) *Gymnastics Camp	16 5:00am-8:00am 10:30am-11:00am 12:00pm-4:45pm (1/2 Gym) *Gymnastics Camp	17 5:00am-9:00am 12:00pm-4:45pm (1/2 Gym) *Gymnastics Camp	18 5:00am-8:00am 4:00pm-7:00pm	19 7:00am-12:00pm
20	21 5:00am-8:00am 10:30am-11:00am 12:00pm-1:00pm 3:00pm-8:00pm	22 5:00am-9:00am 12:00pm-5:30pm	23 5:00am-8:00am 10:30am-11:00am 3:15pm-8:00pm	24 5:00am-9:00am 12:00pm-1:00pm 3:00pm-8:00pm	25 5:00am-8:00am 10:30am-7:00pm	26 7:00am-12:00pm
27	28 5:00am-8:00am 10:30am-1:00pm 3:00pm-8:00pm	29 5:00am-9:00am 12:00pm-5:30pm	30 5:00am-8:00am 10:30am-2:00pm 4:00pm-8:00pm	31 5:00am-9:00am 12:00pm-1:00pm 3:00pm-5:00pm 5:30pm-8:00pm		