

August 2025

Open Gym Schedule

Schedule subject to change if outdoor programs need moved inside due to weather

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 5:00am-8:00am 12:00pm-7:00pm	2 7:00am-12:00pm
3	4 5:00am-8:00am 10:30pm-1:00pm 3:00pm-8:00pm	5 5:00am-9:00am 12:00pm-5:30pm	6 5:00am-8:00am 10:30pm-2:00pm 4:00pm-8:00pm	7 5:00am-9:00am 12:00pm-1:00pm 3:00pm-5:00pm 5:30pm-8:00pm	8 5:00am-8:00am 12:00pm-7:00pm	9 YMCA Closed (Oil Festival)
10	11 5:00am-8:00am 10:30pm-1:00pm 3:00pm-8:00pm	12 5:00am-9:00am 12:00pm-5:30pm	13 5:00am-8:00am 10:30pm-2:00pm 4:00pm-5:30pm 7:30pm-8:00pm	14 5:00am-9:00am 12:00pm-1:00pm 3:00pm-5:00pm 5:30pm-8:00pm	15 5:00am-8:00am 10:30pm-7:00pm	16 7:00am-12:00pm
17	18 5:00am-8:00pm	19 5:00am-9:00am 12:00pm-5:30pm	20 5:00am-8:00pm	21 5:00am-9:00am 12:00pm-8:00pm	22 5:00am-7:00pm	23 7:00am-12:00pm
24	25 5:00am-8:00am 10:30pm-8:00pm	26 5:00am-9:00am 12:00pm-5:30pm	27 5:00am-8:00am 10:30pm-8:00pm	28 5:00am-11:00am 5:30pm-8:00pm Blood Drive 12-5pm	29 5:00am-8:00am 10:30pm-7:00pm	30 7:00am-12:00pm