

# September 2025

## Open Gym Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> YMCA CLOSED Labor Day	<b>2</b> 5:00am-9:00am 2:00pm-5:30pm	<b>3</b> 5:00am-8:00am 1:00pm-8:00pm	<b>4</b> 5:00am-9:00am 1:00pm-2:00pm 3:00pm-8:00pm	<b>5</b> 5:00am-8:00am 2:00pm-7:00pm	<b>6</b> 7:00am-12:00pm
<b>7</b>	<b>8</b> 5:00am-8:00am 3:00pm-4:00pm 7:30pm-8:00pm	<b>9</b> 5:00am-9:00am 2:00pm-5:30pm	<b>10</b> 5:00am-8:00am 1:00pm-4:00pm	<b>11</b> 5:00am-9:00am 1:00pm-2:00pm 3:00pm-8:00pm	<b>12</b> 5:00am-8:00am 2:00pm-7:00pm	<b>13</b> 7:00am-12:00pm
<b>14</b>	<b>15</b> 5:00am-8:00am 3:00pm-4:00pm 7:30pm-8:00pm	<b>16</b> 5:00am-9:00am 2:00pm-5:30pm	<b>17</b> 5:00am-8:00am 1:00pm-4:00pm	<b>18</b> 5:00am-9:00am 1:00pm-2:00pm 3:00pm-8:00pm	<b>19</b> 5:00am-8:00am 2:00pm-5:00pm	<b>20</b> 7:00am-12:00pm
<b>21</b>	<b>22</b> 5:00am-8:00am 3:00pm-4:00pm 7:30pm-8:00pm	<b>23</b> 5:00am-9:00am 2:00pm-5:30pm	<b>24</b> 5:00am-8:00am 1:00pm-4:00pm	<b>25</b> 5:00am-9:00am 1:00pm-2:00pm 3:00pm-4:00pm 5:45pm-8:00pm	<b>26</b> 5:00am-8:00am 2:00pm-7:00pm	<b>27</b> 7:00am-12:00pm
<b>28</b>	<b>29</b> 5:00am-8:00am 3:00pm-4:00pm 7:30pm-8:00pm	<b>30</b> 5:00am-9:00am 2:00pm-5:30pm				