

# July 2026

## Open Gym Schedule

\*\*\*Schedule subject to change if outdoor programs need moved inside due to weather\*\*\*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> YMCA CLOSED	<b>2</b> YMCA CLOSED	<b>3</b> YMCA CLOSED	<b>4</b> YMCA CLOSED
<b>5</b>	<b>6</b> 5:00am-8:00am 10:30am-8:00pm	<b>7</b> 5:00am-5:30pm	<b>8</b> 5:00am-8:00am 2:00pm-5:15pm	<b>9</b> 5:00am-8:00pm	<b>10</b> 5:00am-8:00am 12:00pm-7:00pm	<b>11</b> 7:00am-12:00pm
<b>12</b>	<b>13</b> 5:00am-8:00am 10:30am-4:30pm	<b>14</b> 5:00am-4:45pm  1/2 Open Gym	<b>15</b> 5:00am-8:00am 2:00pm-4:45pm  1/2 Open Gym	<b>16</b> 5:00am-4:45pm  1/2 Open Gym	<b>17</b> 5:00am-8:00am 12:00pm-7:00pm	<b>18</b> 7:00am-12:00pm
<b>19</b>	<b>20</b> 5:00am-8:00am 10:30am-3:15pm 4:45pm-8:00pm	<b>21</b> 5:00am-5:30pm	<b>22</b> 5:00am-8:00am 2:00pm-5:30pm	<b>23</b> 5:00am-3:15pm 4:45pm-8:00pm	<b>24</b> 5:00am-8:00am 12:00pm-7:00pm	<b>25</b> 7:00am-12:00pm
<b>26</b>	<b>27</b> 5:00am-8:00am 10:30am-3:15pm 4:45pm-8:00pm	<b>28</b> 5:00am-5:30pm	<b>29</b> 5:00am-8:00am 2:00pm-5:30pm	<b>30</b> 5:00am-3:15pm 4:45pm-8:00pm	<b>31</b> 5:00am-8:00am 12:00pm-7:00pm	