

August 2026

Open Gym Schedule

Schedule subject to change if outdoor programs need moved inside due to weather

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 7:00am-12:00pm
2	3 5:00am-8:00am 10:30am-3:15pm 4:45pm-8:00pm	4 5:00am-5:30pm	5 5:00am-8:00am 12:00pm-5:30pm	6 5:00am-3:15pm 4:45pm-8:00pm	7 5:00am-8:00am 12:00pm-7:00pm	8 7:00am-12:00pm
9	10 5:00am-8:00am 10:30am-3:15pm 4:45pm-8:00pm	11 5:00am-5:00pm	12 5:00am-8:00am 12:00pm-8:00pm	13 5:00am-3:15pm 4:45pm-8:00pm	14 5:00am-8:00am 12:00pm-7:00pm	15 7:00am-12:00pm
16	17 5:00am-8:00am 10:30am-8:00pm	18 5:00am-5:30pm	19 5:00am-8:00am 12:00pm-8:00pm	20 5:00am-8:00pm	21 5:00am-8:00am 12:00pm-7:00pm	22 7:00am-12:00pm
23	24 5:00am-8:00pm	25 5:00am-5:30pm	26 5:00am-8:00am 12:00pm-8:00pm	27 5:00am-11:00am 5:30pm- 8:00pm Blood Drive 12-5pm	28 5:00am-8:00am 12:00pm-7:00pm	29 7:00am-12:00pm