

September 2026

Open Gym Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 5:00am-9:00am 1:00pm-5:30pm	2 5:00am-8:00am 1:00pm-8:00pm	3 5:00am-9:00am 1:00pm-2:00pm 3:00pm-8:00pm	4 5:00am-8:00am 2:00pm-7:00pm	5 7:00am-12:00pm
6	7 Happy Labor Day! YMCA Closed	8 5:00am-9:00am 1:00pm-5:30pm	9 5:00am-8:00am 1:00pm-8:00pm	10 5:00am-9:00am 1:00pm-2:00pm 3:00pm-8:00pm	11 5:00am-8:00am 2:00pm-7:00pm	12 7:00am-12:00pm *7:00am- 9:00am, if inclement weather
13	14 5:00am-8:00am 3:00pm-4:00pm 4:45pm-6:00pm 7:30pm-8:00pm	15 5:00am-9:00am 1:00pm-5:30pm	16 5:00am-8:00am 1:00pm-4:00pm	17 5:00am-9:00am 1:00pm-2:00pm 3:00pm-8:00pm	18 5:00am-8:00am 2:00pm-4:45pm KIDS NIGHT OUT	19 7:00am-12:00pm
20	21 5:00am-8:00am 3:00pm-4:00pm 4:45pm-6:00pm 7:30pm-8:00pm	22 5:00am-9:00am 1:00pm-5:30pm	23 5:00am-8:00am 1:00pm-4:00pm	24 5:00am-9:00am 1:00pm-2:00pm 3:00pm-8:00pm	25 5:00am-8:00am 2:00pm-7:00pm	26 7:00am-12:00pm
27	28 5:00am-8:00am 3:00pm-4:00pm 4:45pm-6:00pm 7:30pm-8:00pm	29 5:00am-9:00am 1:00pm-5:30pm	30 5:00am-8:00am 1:00pm-4:00pm			